

# Mantua-Shalersville Area Chamber of Commerce

## A Message from the President

The past year was one of transition for all of us. Our country has been forever changed by the events of 9/11/01, as we lost some of the feeling of security that had always been an important aspect of life in the United States. We have spent some time looking over our shoulder in fear for our safety, have possibly worried about our company's future, and have probably lost some of our planned retirement nest egg or children's college fund to an uneasy stock market, afraid to recognize the positive aspects of this great country in which we live.

As I sit here looking through the bare tree branches at the sun as it makes its way across the winter sky, I for one, am eager to look ahead. The days are getting longer and spring is on its way. I would like to think that the events of the last sixteen months have made us stronger...in faith, in family, and in community.

Changes in my life in 2002 made me a part of the Mantua-Shalersville community. My decisions were made, in part, due to the influences of what is going on in our nation. But, most importantly, it was to be closer to my home and family on a daily basis. Being a member of this community has been both enjoyable and rewarding. I have developed some new friendships, which I value very much. I take pride in being part of a small group of individuals who have evolved into a viable organization with over forty members, whose focus and purpose is to make this a better community.

To those of you who have been a part of the rebirth of the Chamber of Commerce...thank you. If you are not yet a member and want to know more about the organization, let's get together and talk. Remember, the success of the Mantua-Shalersville Area Chamber of Commerce depends on YOU... GET INVOLVED AND STAY INVOLVED!

*Ed Kent*

## MARK YOUR CALENDAR

**Wednesday, February 19 7:30 - 9:00 am**

Monthly Meeting at Mantua Center Town Hall

**Sy Thompson, Portage County Development Office**

Update on current area projects, available programs such as tax abatements

**Wednesday, March 19 7:30 - 9:00 am**

Monthly Meeting at Mantua Village Lodge

**Crestwood School Board**

Progress on the new elementary school and fate of the old buildings

## Membership Pays

Guest speaker at our Chamber's January meeting was Vicky Hawke, Executive Director of Northern Ohio Area Chambers of Commerce (NOACC). NOACC serves 25,000 business-people through 100 member-Chambers in Northern Ohio, including our own. By joining forces, businesses across the region can save money on several services.

Vicky gave an overview of the companies offering discounts to Chamber members. Many of the benefits are available through local brokers, so ask yours. If you don't already have a relationship with these companies, you can find contact information, along with a complete list of benefits at [www.noacc.org](http://www.noacc.org) or by calling NOACC at 216-447-9900. Here are examples of what you'll find:

Health Insurance: Anthem Blue Cross/Blue Shield  
3% discount for groups of 2-50

Life & Disability Insurance: Anthem Life  
10% discount

Workers Comp Group Rates: Comprehensive Risk Management  
Up to 95% discount with legal representation

Retirement Plan Administration: Certified Pension Services  
Full-service administration, consulting, group compliance reporting

Credit Card Processing: Heartland Payment Systems  
30-70% savings on processing with 3-year rate guarantee

Freight Delivery Discounts: Jarrett Logistics, Inc.  
Up to 50% discount

Overnight Delivery Discounts: Airborne Express  
Up to 30% savings (8 oz. Package \$9.72 to \$12.15)

Website Development and Hosting: Evergreen Communications  
DSL service, market research, video/audio production

Employee Testing Discounts : RKS & Associates  
On-line skills testing for hiring & development

Although these companies are committed to providing discounts to Chamber members, it's always wise to shop around to ensure you get the best rates. To take advantage of discounts available through NOACC, simply identify yourself as a member of the Mantua-Shalersville Chamber of Commerce when you contact the company.

## Fire Department Takes Shape

After our January meeting, Chamber members had the privilege of touring the new Mantua-Shalersville Fire Department building. Chief Matt Benner explained that a fire house should be built to last 40-50 years; the MSFD facility was designed with that in mind. The largest part of the building is the apparatus room in the center, which has a bay door for each vehicle plus room for growth.

The tower on the south-end can be shut off from the rest of the building and filled with smoke for training. Don't be alarmed if you see firefighters jumping out the third-floor window; they're practicing rappelling!

The main entrance is found on the north-end of the building, facing the street. It will house a medical examination room, restrooms, the dispatcher's office and a clerk's office. The back-side of the building has a separate entrance to a training room, which can be used by the community for conferences of up to 75 people. The room is wired for phones, computers, and audio-visual equipment. It also has access to the kitchen. All public areas can be sealed-off from the rest of the building.

Firefighters will spend their free-time on the north-end, second floor in their "living room," 10 bunk-rooms, locker rooms, and a work-out room.

Chamber members not only enjoyed learning more about the MSFD, they now have a greater appreciation for the construction workers who must function in the bitter-cold of the unheated building! Watch as this much-needed, modern facility takes shape over the next few months. It will be completed this spring, less than one year after the ground-breaking.

For more information on the Mantua-Shalersville Fire Department, visit [www.mantuashalersvillefire.com](http://www.mantuashalersvillefire.com).



*Thank you, Mike Payne of Mantua McDonald's for your contributions to the Christmas in the Park festivities in downtown Mantua.*

## Helping Those Who Help Us

In these times of much bad news, Dean Stebbins of F&S Automotive has added a ray of sunshine to the Mantua-Shalersville communities.

Every few years Dean contributes to the community by making a monetary donation to the Fire & Police Departments. He feels that the community has given a great deal to him and wants to return the favor. Dean notes that we are all very fortunate to have the type of services these agencies offer.

This sort of work is especially close to his heart as Dean was a volunteer for the Mantua-Shalersville Fire Department for seven years during the late-60's and early-70's. He will always remember one particular experience. Responding to a call, he arrived at a serious accident where the injured party asked Dean to stay with him in the back of the ambulance...Dean was still with him when he passed away. Because of this incident, he has a sincere appreciation for members of the department.

On behalf of all area citizens, we offer our sincere appreciation to Dean Stebbins.



## NEWS BRIEFS

### Mantua Grain & Supply Becomes Woots Feed, Tack & Supply

Kellie Aldrich and Fred Durr will be offering the same quality and service customers have come to expect from Mantua Grain.

### Stay in Touch and Receive the Latest News

Get on the Chamber e-mail list by submitting your e-mail address to [ekent@middlefieldbank.com](mailto:ekent@middlefieldbank.com).

### Business Showcase to be Held in Garrettsville October 2

To participate, contact Joann Vance at [jvance@middlefieldbank.com](mailto:jvance@middlefieldbank.com) or 330-527-2121.

### Mantua to Host Soap Box Derby

Event to be held June 28 on the High Street hill in downtown Mantua. Attend workshop on February 8 to learn more.

### Crane Creek Industrial Campus

170 acres available across from Portage County Airport at \$35,000 per acre. Vogelsang USA, Twinsburg pump company, to build \$1.7 million facility.

### Pancake Breakfasts Warm the Soul in March

Goodell Farms to sponsor breakfasts at Shalersville Town Hall from 8:30 am to 2:00 pm the first four Sundays in March. Guests will be seated and served a choice of pancakes, fresh maple syrup, sausage, beverages. New maple products also available.

# 10 New Years Resolutions for a Healthy Mind, Body, and Soul in 2003

by Rosalie Franek, Exercise Physiologist, Advanced Rehab, Mantua

1. Start a regular exercise program – minimum **3** times per week. Ideas:
  - Bring shoes to work and stop at Sunny Lake
  - Use that stationary bike or treadmill during the news
  - Join an exercise class or club
2. Make your leisure-time active-take time to play, laugh!
  - Watch less TV
  - Read a book or play a board game
  - Go sled riding, cross country skiing, or bike riding
3. Drink **3** glasses of water in the morning, and **3** glasses in the afternoon.
4. Eat **3** fruits & **3** vegetables & **3** servings of dairy per day. (Watch portion sizes of meat, bread and snacks.)
5. Decrease intake of
  - Caffeine
  - Alcohol
  - Pop
6. Sit down and eat with family at least **3** times per week (no TV).
7. Get enough sleep. Go to bed earlier, get up earlier.
8. Be more polite, respectful and generous – Say “please” and “thank you.” A little kindness goes a long way.
9. Communicate - Don't assume others know how you feel, say the words: “I'm sorry,” or “I love you,” etc.
10. Don't forget to be thankful for all that you have. (Your health, your family, your freedom, etc.)

## Did you know?

### Exercise will:

**Decrease** blood pressure, resting heart rate, cholesterol, blood sugar, body fat. **Increase** muscle tissue, stamina, restful sleep, self-esteem

Think of **fast food** as a treat, not a daily meal. It is very high in fat, calories, sodium and very low in nutrients.

**Water** accounts for 50-70% of your total body weight. **Water** is necessary for the body to heal itself.

Eating a **variety** of whole foods is best to insure a variety of vitamins in adequate amounts.

**Caffeinated** beverages dehydrate you, increase your heart rate and blood pressure. Many sodas contain caffeine and lots of sugar with empty calories. Alcohol contains lots of empty calories.

The body cannot heal or get stronger without enough **rest**. Resistance to colds and flus is lower if you are tired.

Thinking and speaking **positive** thoughts can change your whole perspective on life. “God does not call us to do great things but to do small things with great love.” Mother Teresa (1901-1997)



## Get Involved!

Business entities, organizations, clubs, and individuals in and around the Mantua-Shalersville Area are invited to join the Chamber. For more information, contact one of the Chamber officers listed below:

President: Ed Kent, Middlefield Bank 330-274-0881 ekent@middlefieldbank.com  
Vice President: Paulette Nichols, Bank One 330-274-2257  
Treasurer: Cindy Janson, Pastimes 330-274-9002 past9002@aol.com  
Co-Secretary: Edie Benner, Advanced Rehab 330-274-2747 bennerek@aol.com  
Co-Secretary: Becky Newell, Benner Masonry 330-274-3238 bbjnewell@aol.com

You do not need to attend meetings to receive membership benefits. Participate at your own pace, on your schedule. We share a commitment to the community and we all hold a stake in the future of the area. Get involved!

### Yearly Dues:

|                   |       |
|-------------------|-------|
| Individual Patron | \$25  |
| 0-5 Employees     | \$50  |
| 6-20 Employees    | \$100 |
| 21 + Employees    | \$150 |

No charge for Village/Township Offices.

# Mantua-Shalersville Area Chamber of Commerce

## Advertising Opportunities

Spread the word about your services; advertise in the Chamber newsletter. Provide 250 copies of your 8.5" x 11" flyer to be inserted for only \$30 or provide art to be copied for \$60. Business card size display ads are just \$25 and will be published first come, first served when space is available. Or, spotlight your business by writing an article for the Member Spotlight section of the newsletter (published when space is available, at no charge). Tell us what you offer...what's new...how you better the community.

For Chamber  
information, contact  
Ed Kent at 330-274-0881  
ekent@middlefieldbank.com

For newsletter inquiries, contact  
Michelle Barnauskas at  
mlbarnauskas@hallrich.net  
330-678-0684 x223

## Chamber Goals

The goals of the Mantua-Shalersville Area Chamber of Commerce are:

- To advance the commercial, industrial, educational, agricultural, and civic interests of the area
- To work together to support and promote local businesses and their products
- To work with elected officials to promote proper planning and growth
- To support and work toward local harmony for the betterment of citizens and businesses in the Mantua-Shalersville Area

Whether you are a main-street merchant or a mom & pop business on a back road, you need the Chamber and the Chamber needs you!

## Welcome New Members:

Shirley Root, Cortland Savings & Banking Co.

Charles English, English Realty Inc.

Kathleen Benjamin, Finishing Touch

Dave Novotny, Geauga Lake Auto Body

Harry Hunter, Hunters "3"

Wendy Carlton, Industrial Connections

Christopher Meyer O.D., Mantua Eye Center

Tom Kennedy, Marshall's Carpet Cleaning

Amy Hammer, Tiger Tech Inc.

Paul Miller, United States Plastic Equipment

**"Every shot you don't take is a guaranteed miss."**

Richard Saunders

Mantua, OH 44255

PO Box 648

**Mantua-Shalersville Area  
Chamber of Commerce**

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For more information, contact:

|                              |              |                           |
|------------------------------|--------------|---------------------------|
| Ed Kent, Middlefield Bank    | 330-274-0881 | ekent@middlefieldbank.com |
| Paulette Nichols, Bank One   | 330-274-2257 |                           |
| Cindy Janson, Pastimes       | 330-274-9002 | past9002@aol.com          |
| Edie Benner, Advanced Rehab  | 330-274-2747 | bennerek@aol.com          |
| Becky Newell, Benner Masonry | 330-274-3238 | bbjnewell@aol.com         |

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| Individual Patron | \$25  |

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## Mantua-Shalersville Area Chamber of Commerce Membership Application

Organization Name: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Business Address: \_\_\_\_\_

\_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Web Address: \_\_\_\_\_

Email Address: \_\_\_\_\_  Please limit use.

Phone Number: \_\_\_\_\_

Alt. Phone Number: \_\_\_\_\_

Fax Number: \_\_\_\_\_  Please limit use.

Business Description: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Return to:**  
Ed Kent  
PO Box 648  
Mantua, OH 44255

In addition to using U.S. mail, the Chamber communicates with members via email and fax. If you prefer not to receive correspondence via email or fax, please check the appropriate box above.

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(1-877-622-2784)

*EasyLink* [www.middlefieldbank.com](http://www.middlefieldbank.com)

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15985 E. High St. (440) 632-1666  
15545 W. High St. (888) 801-1666

### MANTUA

10519 South Main St. (330) 274-0881  
Toll Free 1-877-274-0881

### GARRETTSVILLE

8058 State St. (330) 527-2121  
1-888-801-2121

### CHARDON

348 Center Street  
(440) 286-1222



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